DESTINED 4 PURPOSE / FREE GUIDE

Seven Days of Fruitful Faith

A simple daily companion for growing in the fruit of the Holy Spirit.

Read. Reflect. Pray. Practice.

Each day invites you into Scripture, offers a short reflection and gives you one practical step for daily life. These original reflections draw on biblical themes explored in Fuel Your Future, by Etienne Pieterse.

An original companion prepared for the Destined 4 Purpose website—not an excerpt from Etienne's book.

DAY 01 / LOVE

Loved Before You Achieve

READ 1 John 4:19; John 15:9

Our calling does not begin with proving that we are useful. It begins with receiving the love of Jesus. Etienne describes the Father’s love as the encounter that redirected his life. Before we try to champion anyone else, we can learn to be secure in the One who first loved us. People become more than tasks when we remember that every life matters to God.

LIVE IT TODAY

Look someone in the eye today. Listen without hurrying to fix them. Let your attention be a small expression of the love you have received.

A SIMPLE PRAYER

Father, teach me to receive Your love with an open heart. Help me see people as You see them, not as problems to solve. Amen.

DAY 02 / JOY

A Joy That Stays

READ Philippians 4:4; Nehemiah 8:10

Joy is not the same as a perfect day. It can live beside unanswered questions, inconvenient plans and ordinary work. In Fuel Your Future, humour and honest stories carry a serious invitation: allow the Holy Spirit to shape your response instead of waiting for circumstances to behave.

LIVE IT TODAY

Notice one small gift today, thank God for it, and share a moment of encouragement with someone.

A SIMPLE PRAYER

Jesus, give me joy rooted in Your presence. Help me carry hope into ordinary moments, even when I cannot change my circumstances. Amen.

DAY 03 / PEACE

Peace in the Middle

READ John 14:27; Philippians 4:6–7

Peace does not mean that nothing difficult is happening. It means we can bring real fears to a God who remains with us. The Spirit teaches us to pause, pray, and respond with trust. That kind of peace can become a gift to the people around us.

LIVE IT TODAY

Before one difficult conversation, stop for a minute. Pray, breathe, and choose your next words with care.

A SIMPLE PRAYER

Holy Spirit, settle my heart. Help me meet uncertainty with prayer instead of panic, and make me a person who brings peace. Amen.

DAY 04 / PATIENCE & KINDNESS

Love in a Slow Moment

READ James 1:19; Colossians 3:12–13

The real test of character often comes when people interrupt our plans. Etienne’s stories remind us that cultural misunderstandings and uncomfortable moments can become classrooms for patience and kindness. The fruit of the Spirit is formed not only at a church service, but at a dinner table, on a busy road, and in relationships.

LIVE IT TODAY

Choose one inconvenience today as an opportunity: ask a question before reacting, and offer a kind word.

A SIMPLE PRAYER

God, slow my reactions and widen my compassion. Help me honour people even when I feel impatient. Amen.

DAY 05 / GOODNESS

Goodness With Hands and Feet

READ Galatians 6:9–10; Matthew 5:16

Goodness is more than having the right intentions. It is love expressed in action—sharing, serving, noticing the overlooked, and giving without needing applause. A life shaped by Jesus points beyond itself through practical care.

LIVE IT TODAY

Do one quiet act of good for someone today. Resist the temptation to turn it into a story about yourself.

A SIMPLE PRAYER

Father, let my faith be visible through generosity and integrity. Open my eyes to a practical way I can serve. Amen.

DAY 06 / FAITHFULNESS & GENTLENESS

Faithful and Gentle

READ Micah 6:8; Galatians 6:1

Faithfulness keeps showing up. Gentleness refuses to use strength to diminish another person. Together they make space for trust. To champion people is not to control their journey; it is to serve with humility, speak truth with care, and encourage steady growth in Christ.

LIVE IT TODAY

Follow through on one promise. When you speak with someone who is struggling, choose words that strengthen rather than shame.

A SIMPLE PRAYER

Lord, make my yes dependable and my words gentle. Help me strengthen people without trying to own their story. Amen.

DAY 07 / SELF-CONTROL & PURPOSE

Character That Carries the Calling

READ Galatians 5:22–25; John 15:5

Gifts and opportunities matter, but character makes our calling sustainable. Fuel Your Future holds together two truths: we need the Holy Spirit’s power to serve, and we need His fruit to become like Jesus. Self-control gives us room to choose love over reaction, and faithfulness over impulse. Purpose becomes beautiful when it is carried by a transformed life.

LIVE IT TODAY

Reflect on the last seven days. Which fruit needs attention in your life? Choose one small habit you can practice this week with God’s help.

A SIMPLE PRAYER

Holy Spirit, form in me the character of Jesus. Let the gifts You entrust to me be carried by love, integrity and humility. Amen.